

POSITION DESCRIPTION



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| Title | Non Residential Withdrawal Nurse |
| Business Unit/Program | Alcohol and Other Drugs - Uniting ReGen Inner North Catchment |
| Hours & Commitment | Full Time (76 hours per fortnight), Ongoing |
| Location | Footscray |
| Reports to | Catchment Manager via the Clinical Nurse Consultant |

ABOUT UNITING

Uniting works alongside people of all ages in local communities in Victoria and Tasmania. Our services reach to Albury-Wodonga in the north, Mallacoota in East Gippsland, the Wimmera region in the west, and across Tasmania.

Uniting is the services and advocacy arm of the Uniting Church. We've been supporting people and families for over 100 years. We are 7000 skilled, passionate and creative people providing over 770 programs and services.

We empower children, young people and families to learn and thrive. We're there for people experiencing homelessness, drug and alcohol addiction or mental illness. We support people with disability to live the life they choose. We assist older people to maintain their independence and enjoy life. We provide opportunities to access training and meaningful employment. We're proud to welcome and support asylum seekers to our community. We work to empower people with the information, skills and tools they need to live a healthy, happy life.

As an organisation, we celebrate our diversity and welcome all people regardless of ethnicity, faith, sexual orientation and gender identity. We acknowledge Aboriginal and Torres Strait Islanders as Australia's First Peoples and as the traditional owners and custodians of the land on which we work.

Our purpose: To inspire people, enliven communities and confront injustice

Our values: We are imaginative, respectful, compassionate and bold

POSITION PURPOSE

Non-residential withdrawal (NRW) service refers to a consolidation of what was previously home-based and outpatient withdrawal. This service type is most suitable for low-risk clients with sufficient stability and supports in their lives to safely undertake a withdrawal episode in a non-residential environment and to complex clients where risk assessment is a significant component of ongoing service provision. The service will operate during standard business hours from Mon-Fri and provide after-hours support where required. The NRW team will work closely with catchment-based intake and assessment services to provide NRW treatment entry where required.

The Non-Residential Withdrawal Nurse position is responsible for all aspects of the medical management of a client's alcohol or other drug withdrawal in a non-residential setting. This includes monitoring client withdrawal symptoms and associated medication management. The NRW Nurse liaises with medical staff (GPs or hospital staff) and other clinical staff (e.g. mental health clinicians) to ensure the safe and effective management of withdrawal and co-occurring physical and mental health conditions. The NRW Nurse also works closely with other AOD service streams (e.g. Intake and Assessment, Counselling, Care & Recovery Coordination, Residential Withdrawal, Residential Rehabilitation and Youth services) as well as related sectors to provide an integrated catchment wide

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POSITION DESCRIPTION

Non-Residential Withdrawal Nurse (NRW)



service response. The NRW Nurse reports to the Clinical Consultant (supervision and support may be provided via a more senior NRW Nurse in the team).

SCOPE

Budget: Nil

People: Nil

RELATIONSHIPS

Internal:

- Intake and assessment
- Counselling
- Care and recovery
- Residential withdrawal
- Residential rehabilitation and youth services

External

- General practitioners
- Mental health clinicians
- Hospital staff
- Carers and families

KEY RESPONSIBILITY AREAS

Provision of treatment services

- Provide high quality engagement, assessment, treatment and support services to individuals and their families, using best practice principles including Family Inclusive Practice and Dual Diagnosis Principles.
- Provide high quality, evidence-based services to assist with the clinical assessment and medical management and supervision of clients wishing to reduce, stabilise or cease their problematic use of alcohol or other drugs.
- Work with clients to develop and review their Individual Treatment Plans developed at assessment.
- Provide ongoing clinical monitoring and observation of clients, including close liaison with medical officers for assessment of medical needs during withdrawal, the monitoring of withdrawal symptoms, mental health screening and assessment and documentation of progress.
- Inform and educate the client and their carers about withdrawal and other drug treatment including harm reduction; pharmacotherapy or other medication regimes; post withdrawal support and treatment.
- Provide motivational enhancement, education and counselling about the withdrawal experience and introduction of relapse prevention techniques.

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POSITION DESCRIPTION

Non-Residential Withdrawal Nurse (NRW)



- Undertake discharge planning including referral to ongoing counselling and support if appropriate.
- Undertake post withdrawal planning by working with clients and family members to develop agreed support plans for their withdrawal, post-withdrawal treatment and ongoing care, including engagement with GP's and other relevant service providers and providing wrap-around support for complex clients.
- Provide specialist AOD assessments and contribute to Clinical Review, via a roster system.
- Maintain close working relationship with Intake & Assessment in relation to capacity and prioritisation of complex clients.
- Refer individual cases back to Intake and Assessment for clinical review/ to be reassessed in the event that a client's classification needs changing.
- Provide interim support to NRW clients and families during the period between assessment and the commencement of their withdrawal program, as required.
- Provide regular and timely contact that is responsive to client need during their withdrawal via face-to-face, phone-based and online interactions.
- Maintain longer-term contact with clients and families to support and monitor clinical progress, and where appropriate, collect treatment outcome data for evaluation purposes.
- Participate in the on-call roster as required.

Professional Liaison and Consultation

- Build effective relationships with the client's family and significant others, relevant self-help and mutual aid groups, and other health and welfare services to support and enhance positive outcomes for clients.
- Work closely with Intake & Assessment and Care & Recovery service providers to ensure smooth transition between functions and a collaborative approach to treatment.
- Co-coordinate care with other health services, including shared care and support to GPs (for withdrawal and pain management) and pharmacotherapy prescribers (for induction, stabilization and reduction), regular information and feedback to GPs and referring agencies.
- Develop close connections with pharmacotherapy networks and access to DACAS (Addiction Medicine Specialists - AMS)
- Consult with General Practitioners and other health and welfare service providers in relation to drug treatment including withdrawal. In consultation with clinical review processes and other engaged services provide/support the ongoing review of individual treatment plans.
- Establish and maintain collaborative and productive working relationships with current and potential stakeholders and partners, both internally and externally.
- Participate in team planning, steering groups, reference groups and working parties inside and outside the agency as appropriate.

Administration

- Maintain file records, data collection processes and reporting as required.
- Contribute to the achievement of quality improvement, both in terms of individual and program performance by encouraging an environment where high quality work is achieved and supported by the adherence to / development of quality systems documentation.

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- Adhere to and keep informed of all relevant legislative compliance requirements, and report any perceived breaches, risks, hazards, incidents and complaints to line Manager or other appropriate person.
- Undertake other duties as directed by Catchment Manager.

People and teams

- Actively participate in ongoing professional development via the annual performance reviews, individual and group supervision provided by ReGen and attend relevant training as required.
- Supervise students during placement and providing formal supervision if you possess the appropriate qualifications as required by their educational institution.

Personal accountability

- Compliance with Uniting’s values, code of conduct, policies and procedures and relevant government legislation and standards where relevant.
- Cooperate with strategies to actively ensure the safety, protection and well-being of children who come into association with us.
- Ensure appropriate use of resources.
- Work collaboratively with Uniting (Victoria Tasmania) employees and external stakeholders in accordance with Uniting’s values and professional standards of behavior.
- Actively participate in initiatives to maintain, build upon and promote a positive and collaborative workplace.
- Identify opportunities to integrate and work collaboratively across teams.
- Take reasonable care for your own health and safety, and health and safety of others (to the extent required).
- Promote a positive safety culture by contributing to health and safety consultation and communication.
- Promptly respond to and report health and safety hazards, incidents and near misses to line management.
- Attend mandatory training sessions (i.e. equal employment opportunity, health and safety) and mandatory training specific to position.

PERSON SPECIFICATION

Qualifications

- Registration as a current Div 1 or Div 3 Nurse as per the Victorian Nurses Registration Board.
- Certificate IV in AOD or have completed the core competencies (or able to complete within the first 12 months of employment).
- Competencies in dual diagnosis (or able to complete within the first 24 months of employment).

Experience

- Proven ability in all aspect of the medical management of a client’s withdrawal program.
- Experience in developing individual treatment plans, post withdrawal and discharge planning.
- Experience working with people with AOD and/or Mental Health issues.

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- Key/Core selection criteria**
- **Values alignment:** ability to demonstrate and authentically promote Uniting’s values (*this is mandatory in all Uniting position descriptions*).
 - Sound knowledge and understanding of screening, assessment and community based treatment for all clients with AOD and mental health issues.
 - Sound understanding of alcohol and other drug withdrawal
 - Proven ability to work with a range of people and organizations (including specific groups such as Aboriginal, CALD and Forensic clients) in a respectful and non-judgmental manner.
 - Ability to collaborate effectively with clients, families, colleagues, stakeholders and other service providers.
 - Ability to convey warmth, openness, empathy and concern for the welfare of clients.
 - An understanding of the issues related to marginalized groups and a commitment to working with these groups.
 - Employees in clinical positions are required to maintain up to date first aid and CPR training.
 - Current Drivers Licence

WE ARE A CHILD SAFE ORGANISATION

Uniting is a child safe organisation and is committed in everyday practice to ensure the safety and wellbeing of all children, at all times. As a child safe organisation, employment with Uniting is subject to a satisfactory national (and international where relevant) police check and Working With Children Check (in Victoria) and/or Working With Vulnerable People Check (in Tasmania) **prior** to commencement of any paid or unpaid work and/or participation in any service or undertaking.

This position description is subject to review and may change in accordance with Uniting’s operational, service and customer requirements.

ACKNOWLEDGEMENT

| | Employee | Manager/ Title: |
|------------|----------|-----------------|
| Name: | | |
| Date: | | |
| Signature: | | |
| Date: | | |

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