

Get the right support for you and your family.

Multicultural Services



# Connect with your community

Our multicultural programs will help you make sense of life in Australia, connect you with new friends, and help you access legal services, medical care and education so you can live a happier more confident life.

Contents	
New arrival and asylum seeker support	3
Family services	4
Youth services	6
Where we are and useful contacts	7

## New arrival and asylum seeker support

We can support you to connect to essential services, housing, financial assistance and guidance with immigration issues. We can also help you with Settlement and Status Resolution to help you and your family have the confidence and security to build your new home.

#### Settlement Support

We can organise people to meet you at the airport, settle you into your new home, register with Centrelink and Medicare and set up a bank account. You'll also learn about the Australian way of life and be supported to become part of your local community, to help you feel settled and at home.

#### **Status Resolution**

If you are on a bridging visa and haven't heard about your immigration status, we can help you by providing accommodation, social support, access to legal services and healthcare. You can access our Status Resolution service if you are experiencing financial hardship and are awaiting a decision on a protection visa.

#### The Asylum Seeker Welcome Centre

At the Asylum Seeker Welcome Centre, you'll find a safe and welcoming community where you can make new friends and take part in classes to learn new skills and hobbies like art to express yourself creatively. Our Asylum Seeker Welcome Centre also runs a community meal program where you can cook with others and share your cultural cuisine.

The group also organises day trips such as visits to the zoo, days at the beach and cinema trips, so you can experience Melbourne and beyond.

#### Women's Group

We provide a women-only space for you to meet every month, learn English and make new friends in a safe and harmonious space. You'll also have a safe, supervised playgroup so vour children are taken care of while you catch up with friends.

#### LGBTIQ+ peer support group

If you identify as LGBTIQ+, we can help you connect with the community in a safe and inclusive space.

### Settlement Hub in Shepparton

Visit our Settlement Hub in Shepparton to access the support and information you need to settle into your new community. Our hub fosters a space where you can feel safe, welcome and encouraged so that you can make new friends and take care of your wellbeing.



## Family services

If you're a refugee we can help you reconnect with family and other relationships. Our program offers family activities, or you can access help and training to understand new cultures. We also provide mentoring and parental support so you can feel confident in caring for your family and being part of the community.

We run programs that help you parent in a new culture, including Parenting in a New Culture (PiNC) and a specialised program for children who have experienced trauma.

You can refer yourself to this service or be directed by a community organisation or via a Communities for Children partner.

## Social support and inclusion

If you've recently arrived in Australia and want to make new friends and be part of your community, we can help you. Our programs cater for people who may feel isolated and want to help make culturally-aware connections. We operate the following programs and centres, so you feel supported and included in the community.

#### **Asylum Seeker Welcome Centre**

If you're a person seeking asylum we can help you settle into your community. The Asylum Seeker Welcome Centre is a safe and welcoming place to make new friends and learn new skills and hobbies, everything from English to creative art.

We provide regular community meals to give you a chance to share your culture through food and make lifelong connections. We can also give you practical support to find housing and access transport and other essential services.

#### **Employment support**

Several specialist programs are available to help you become work-ready, find a job that suits your unique skills and connect you to local employers.

#### Chinese family programs

If you're part of a Chinese-speaking family caring for young children, we offer a fun Chinese family playgroup so you can connect with other people in your community. We also run regular classes in arts and crafts, games, storytelling and singing.

#### Komak

Komak is our specialised program to help the Afghan community in southeast Melbourne. If you're Afghani, we can help you make new friends and break down isolation. We also offer early intervention programs if you are going through tough times and feel marginalised.

We can help you access a broad range of services so you can feel part of your community.





## Youth services

If you're a young person who has recently arrived in Australia and want to make new friends or connect with your community, we can help you. Please call **03 5831 6157** to learn more.

## Newly Arrived Youth Specialist Service (NAYSS)

This program helps you stay connected with family, work, education, training and your local community. If you are aged between 12 and 21 and arrived in Australia less than 5 years ago, this program provides counselling, group work, capacity building workshops, mediation and practical support that can help your whole family.

# Communities for Children, Cultural Connections Plus Program

If you have children aged up to 12 years, this program can help you improve your family's health and wellbeing. We assist as your child moves from kindergarten to primary school.

## Where we are and useful contacts

We operate centers across Melbourne and beyond so you can meet with one of our support workers or meet other people in your situation to make new friends

#### **Asylum Seeker Welcome Centre** and Multicultural Services

Based in Brunswick.

**T** 03 9388 2459

## Chinese Family Program, KOMAK, Multicultural Services, and Social **Support and Inclusion**

Based in Dandenong servicing the Greater Dandenong area.

**T** 03 8792 8999

#### **Shepparton Settlement Hub**

Providing support for people in the Goulburn North East.

**T** 03 5723 8000

#### Services Australia (Centrelink)

Services Australia or Centrelink can connect you with government services, and payments to help you get on your feet.

www.servicesaustralia.gov.au/ individuals/migrants-refugeesand-visitors

#### Medicare

Information on healthcare and how to apply for a Medicare card so you can access free or rebated healthcare.

www.servicesaustralia.gov.au/ individuals/medicare



## **About Uniting**

Uniting has stood with local communities in Victoria and Tasmania for more than 100 years, delivering services to people of all ages.

We work in solidarity with Aboriginal and Torres Strait Islander people as Australia's First Peoples and as the traditional owners and custodians of this land.

We celebrate diversity and value the lived experience of people of every ethnicity, faith, age, disability, culture, language, gender identity, sex and sexual orientation. We welcome lesbian, gay, bisexual, transgender, gender diverse and non-binary, intersex and gueer (LGBTIQ+) people at our services. We pledge to provide inclusive and non-discriminatory services.

## Where to get help

Get in touch to with us to understand options near you as our program offering is different across the regions of Victoria.

#### Visit

unitingvictags.org.au/multicultural-services

Interpreters available on request.







