Title: Clinical Lead / Mental Health Nurse

Business Unit: headspace Horsham

Location: Horsham, Vic 3400

Employment type: Maximum term – Full Time
76 hours per fortnight

Reports to: Manager, headspace Horsham

About Uniting

Uniting works alongside people of all ages in local communities in Victoria and Tasmania. Our services reach to Albury-Wodonga in the north, Mallacoota in East Gippsland, the Wimmera region in the west, and across Tasmania.

Uniting is the services and advocacy arm of the Uniting Church. We’ve been supporting people and families for over 100 years. We are 7000 skilled, passionate and creative people providing over 770 programs and services.

We empower children, young people and families to learn and thrive. We’re there for people experiencing homelessness, drug and alcohol addiction or mental illness. We support people with disability to live the life they choose. We assist older people to maintain their independence and enjoy life. We provide opportunities to access training and meaningful employment. We’re proud to welcome and support asylum seekers to our community. We work to empower people with the information, skills and tools they need to live a healthy, happy life.

As an organisation, we celebrate our diversity and welcome all people regardless of ethnicity, faith, age, disability, culture, language, gender identity or sexual orientation. We acknowledge Aboriginal and Torres Strait Islanders as Australia’s First Peoples and as the traditional owners and custodians of the land on which we work. We welcome lesbian, gay, trans, gender diverse and intersex (LGBTIQ) people at our services. We pledge to provide inclusive and non-discriminatory services.

Our purpose: To inspire people, enliven communities and confront injustice
Our values: We are imaginative, respectful, compassionate and bold

About headspace Horsham

headspace provides counselling and support to young people from 12 - 25 years. The service covers issues such as relationships, drug and alcohol, mental health, bullying, anxiety, depression, bad thoughts and uncertainty about future plans. The centre is a safe zone for your people to drop in, check it out or talk to a youth counsellor.

headspace is committed to embracing diversity and eliminating all forms of discrimination in the provision of health services. headspace welcomes all people irrespective of ethnicity, lifestyle choice, faith, sexual orientation and gender identity.

headspace Horsham is operated by Uniting Wimmera. All headspace centres are funded by the Australian Government Department of Health. Administration of funding is carried out by the headspace centre’s local Primary Health Network, in this case, Western Victoria Primary Health Network.

Position purpose

The Mental Health Nurse/Clinician will be adept in working as part of a multidisciplinary team and will be an experienced professional with considerable knowledge and experience in mental health service provision. The Mental Health Nurse/Clinician will work collaboratively with all clinical staff, including Private Practitioners, located at headspace Horsham to deliver high-quality services to young people.
Mental Health Nurse / Clinical Lead

Scope

Budget:
- Nil

People:
- The position will provide clinical supervision for four staff

Relationships:
Internal:
- Centre Manager

External
- headspace National
- Consortium members and other Services

Key responsibility areas

Service delivery
- Provide appropriate clinical services across the mental health spectrum, including 1:1 counselling, group programs, brief intervention and family intervention services as well as other therapeutic interventions not listed but deemed relevant to support mental health of young people aged between 12 and 25.
- Provide specialist triage, assessment, allocation, intervention and review as well as provide other health practitioners with consultation and advice regarding ongoing management.
- Ensure that the service provides clinical services appropriate that are aged specific.
- Support the development of a multi-disciplinary approach and providing support to other clinicians through peer supervision.

Quality
- Contribute to the integrity of all internal information systems as required, by maintaining and reviewing data through timely updates and revision of information where required.
- Ensure the collection and review of all relevant data in order to measure deliverables and continuously improve the delivery of services.
- Provide timely, high quality reports as required in collaboration with all headspace Centre staff.
- Achieve high quality service delivery, through engaging in the quality improvement process and contributing and complying with all processes and procedures in the Integrated Quality System.
- Participate in relevant training and development activities as an effective team member.
- Where appropriate deliver training/in services to colleagues to support development of the team and information sharing
- Where appropriate and where accreditation exists, provide supervision to students and/or trainees working within the primary platform

People
- Build and maintain effective relationships with key stakeholders involved in the provision of health, mental health and psychosocial services to young people.
Model and demonstrate constructive working relationships and information exchange across the organisation.

Other duties consistent with the position where required and/or requested by a member of the headspace Horsham leadership team.

Personal accountability (Mandatory for all position descriptions)

- Compliance with Uniting’s values, code of conduct, policies and procedures and relevant government legislation and standards where relevant.
- Cooperate with strategies to actively ensure the safety, protection and well-being of children who come into association with us.
- Ensure appropriate use of resources.
- Work collaboratively with Uniting (Victoria Tasmania) employees and external stakeholders in accordance with Uniting’s values and professional standards of behaviour.
- Actively participate in initiatives to maintain, build upon and promote a positive and collaborative workplace.
- Identify opportunities to integrate and work collaboratively across teams.
- Take reasonable care for your own health and safety, and health and safety of others (to the extent required).
- Promote a positive safety culture by contributing to health and safety consultation and communication.
- Promptly respond to and report health and safety hazards, incidents and near misses to line management
- Attend mandatory training sessions (i.e. equal employment opportunity, health and safety) and mandatory training specific to position.

Person specification

Qualifications

- Approved tertiary qualification in an allied health discipline, including social work, psychology (clinical, counselling, and 4+2 pathway or 5+1 pathway), mental health nursing, and occupational therapy.
- Eligibility for membership of an appropriate professional body. Social workers are required to be eligible for full membership with AASW. Psychologists, mental health nurses, and occupational therapists are required to have full registration with AHPRA.

Desirable Qualifications

- Postgraduate qualification in an area related to youth mental health.

Experience

- Knowledge and understanding of evidence based psychological interventions and contemporary therapies of the treatment and management of mental health disorders.
- Experience in the design and implementation of psychological interventions for a range of mental health conditions.
- Demonstrated experience in a range of settings within the mental health system including working with young people.
- Experience with facilitating group-based interventions
- Experience in the Not for Profit and/or public health sector.
- Ability to provide supervision to students or graduates
- A broad understanding of the mental health service system in Australia.
Core selection criteria

- Values alignment: ability to demonstrate and authentically promote Uniting’s values.
- Highly developed verbal and written communication skills
- Proven track record in building and maintaining effective working relationships with a range of stakeholders.
- Advanced computer skills including word processing, spreadsheets, electronic recording systems and data management tools.
- Ability to work in a highly productive environment with time pressures whilst managing multiple tasks.
- Ability to work both independently and collaboratively as a productive team member)

We are a child safe organisation

Uniting is a child safe organisation and is committed in everyday practice to ensure the safety and wellbeing of all children, at all times. As a child safe organisation, employment with Uniting is subject to a satisfactory national (and international where relevant) police check and Working With Children Check (in Victoria) and/or Working With Vulnerable People Check (in Tasmania) prior to commencement of any paid or unpaid work and/or participation in any service or undertaking.

This position description is subject to review and may change in accordance with Uniting’s operational, service and consumer requirements.

Employee
Name:  
Signature:  
Date:  

Manager
Name:  
Signature:  
Date:  

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